

MEDIA RELEASE

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Strengthening that sacred bond

Helping parents build stronger, healthier relationships with their kids is the aim of a new six-week program being offered in Towong Shire.

Qualified practitioners from UMFC (Upper Murray Family Care) will bring their 'Bringing Up Great Kids' program to Tallangatta and Bethanga, offering insights into child behaviour, brain development and an understanding of what influences your parenting style.

The Tallangatta course will run over six consecutive Tuesdays, commencing on Tuesday 14 February from 5.30pm - 7pm at the Tallangatta Library and Community Centre. Preliminary work is underway to explore similar programs for Corryong, Mitta Mitta and Eskdale.

Towong Shire Council Mayor David Wortmann encouraged parents to come along and learn more about developing positive relationships with their children.

"Parenting is both rewarding and challenging and sometimes it's useful to get some expert advice to make sure our relationship with our kids is functioning properly," he said.

"Bringing Up Great Kids will help create stronger parent-child relationships that are built on mutual respect. It's a great initiative and it's completely free, so parents are encouraged to come along and learn how you can develop a stronger relationship with your children."

Bringing Up Great Kids - Six Week Program

When: Every Tuesday from 14 February to 21 March

Time: 5.30pm - 7pm

Where: Tallangatta Library and Community Centre

Cost: Free

Bookings: Contact Miranda Cousins at Upper Murray Family Care by calling (03) 57200077

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