

Upper Murray Community Recovery

Weekly Recovery Update - 8 October 2020

La Niña brings heavy rain

Heavy rains have already caused significant destruction in fire-affected Upper Murray areas this year. Unfortunately, there could be more heavy rains to come.

The Bureau of Meteorology has confirmed La Niña is established in the tropical Pacific and will persist until at least January 2021.

This means heavier rainfall, cooler temperatures, and likely flood events from late spring into summer. The SES advises now is the time to **Get Flood Ready**.

This also means more fuel with vegetation growth following the rains.

There are a number of resources that are available to help you prepare:

- Complete a flood checklist and review the Upper Murray Flood Guide at ses.vic.gov.au/get-ready/
- Download the Vic Emergency App
- View the Municipal Emergency Management Plan at towong.vic.gov.au



Image: Heavy rains in the Upper Murray in 2016, captured by Shea Bloom.

Grant support for Centre Against Violence

Research indicates that family violence increases in the aftermath of a disaster.

Family violence may involve threatening, coercive, violent or controlling behaviour against a family member(s), or someone they are in an intimate relationship with.

Centre Against Violence (CAV) is a **local, frontline family violence organisation** providing free and confidential services, including crisis support,

safety planning and crisis accommodation.

CAV has obtained a small grant to support communities in Towong and Alpine Shires to help navigate the family violence service system.

Clare Grogan is responsible for bushfire recovery- community connections and raising awareness of family violence, answering questions and supporting people to seek help.

Clare can be contacted on Tuesdays, Wednesdays and Thursdays (with flexibility by appointment) and will be in Corryong on the first and third Wednesday of each month. She can be contacted for one on one appointments, or community meetings on (03) 5722 2203 or 0407 583 343.

If urgent help is needed phone **Safe Steps Crisis Response Centre 24/7 on 1800 015 188 or 000** if help is needed immediately.

Local Council Elections

The Victorian Electoral Commission advises that ballot packs will be mailed to Victorian households this week.

Ensure your vote is in the post by **6pm on Friday 23 October** – don't risk a fine.

For more information on voting in this election, call the VEC on 131 832 or visit www.vec.vic.gov.au/voting/2020-local-council-election/how-to-vote.

Upper Murray Community Recovery Hub

Call: 1800 518 222

Email: recovery@towong.vic.gov.au

Visit: Cnr Donaldson Street and Towong Road, Corryong

Bushfire Recovery Victoria

Call: 1800 560 760

Email: connect@brv.vic.gov.au

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